

SWIM LESSONS



SWIM ACADEMY

2017



Chanticleer Swim Academy

Consists of the Following Classes:

Intro to Water - No Bracelet - Learns Water Acclimation

Swimming 101 - Red Bracelet - Learns Movement in Water

Swimming 201 - Orange Bracelet - Learns Breath Control/Beginning to Swim

Swimming 301 - Yellow Bracelet - Learns to Float/Freestyle Stroke

Swimming 401 - Green Bracelet - Learns to be an Independent Swimmer

Swimming 501 - Blue Bracelet - Learns Different Strokes/Freestyle Mastery

Swimming 601 - Rainbow Bracelet - Learns to Swim Pool Length/Tread Water

IM Swimmer - No Bracelet - Learns to Master All Strokes

Each swimmer will be assigned to a class based on information provided on the registration. Do not worry, if a child is placed incorrectly, he/she will be moved to the correct group as we see where he/she best fits the first lesson. He/she will receive a colored bracelet for each class after Intro to Water. At each lesson, the bracelet will receive punch-outs after the swimmer masters specific skills. After all skills are mastered in a class/bracelet, he/she moves on to the next class, and receives a new class assignment/bracelet.

We will offer 5 different sessions this summer for group lessons. The lessons will move swimmers through the classes described above. The more lessons a swimmer does, the farther he/she will move through the classes. Each lesson will be in small group format. Lessons will last 30 minutes. Sessions that go unfilled (lacking signups), will be cancelled and money returned.

Session 1 – DAILY Monday – Thursday 11:30-12:00 Week of June 12 (4 lessons) = \$20

Session 2 – DAILY Monday – Thursday 11:30-12:00 Week of June 19 (4 lessons) = \$20

Session 3 – DAILY Monday – Thursday 11:30-12:00 Week of June 26 (4 lessons) = \$20

Session 4 - Mon/Wed for 3 weeks-11:30-12:00 Weeks of July 10, 17, and 24 (6 lessons) = \$30

Session 5 – Tue/Thur for 3 weeks - 11:30-12:00 Weeks of July 10, 17, and 24 (6 lessons) = \$30

WE CANNOT HONOR ANY REQUESTS FOR COST REDUCTION DUE TO MISSING LESSONS

Make-up lessons will be offered for those that are cancelled due to bad weather.

Questions? Email Heidi Gariti at h.gariti@verizon.net

Swim Lesson Sign Ups: Chanticleer Swim Academy

Child/Children's Name(s): _____

Check Sessions to Register Child:

_____ Session 1 – DAILY Monday – Thursday 11:30-12:00 Week of June 12 (4 lessons) = \$20

_____ Session 2 – DAILY Monday – Thursday 11:30-12:00 Week of June 19 (4 lessons) = \$20

_____ Session 3 - DAILY Monday – Thursday 11:30-12:00 Week of June 26 (4 lessons) = \$20

_____ Session 4 - Two days/week for 3 weeks Mon/Wed 11:30-12:00 Weeks of July 10, 17, 24 (6 lessons) = \$30

_____ Session 5 – Two days/week for 3 weeks Tues/Thur 11:30-12:00 Weeks of July 10, 17, 24 (6 lessons) = \$30

Place each child's name under what best describes each child in relation to swimming in the "big" pool:



Afraid to get in. If in, won't leave the wall or who is holding them. Won't put face in.

Will get in with a helper. Does not know how to swim or float, but no real fear of the water.

Will go under, jump in if being caught, lay on back if held.

Can float on back, retrieve a diving stick in the shallow end. Cannot swim the width of the pool independently.

Can swim the width of the pool without touching bottom. Not much knowledge of the strokes.



Can swim 1 or more of the 4 strokes for the length of the pool. Please circle the stroke(s) known – they do not have to be perfect!
 Free Back Breast Butterfly

Total Cost: _____ Paid (check one): _____ Cash _____ Check

Parent's Name: _____ Parent's Email: _____

Mail registration to PO Box 494 Crescent, PA 15046 prior to opening day, or drop off at Snack Shack when pool opens!